



Summer 2021



Interfaith Caregivers of Polk County

Coordinating volunteers to help seniors and adults with disabilities maintain their independence

I Care News

2020 Don Getschel Drivers of the Year * Lori Aherns & Jim St. Martin

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Interfaith Caregivers

**Please use our
NEW ADDRESS & PHONE**

**PO Box 833
St. Croix Falls, WI 54024
715-483-8500
Office Hours 9-4 M-F**



Lori Aherns' caring spirit comes naturally. She has been taking care of people as a nurse for 42 years.

In 2018, Lori officially retired; however, she still volunteers to administer Covid vaccinations.

In retirement, she enjoys time with her granddaughter, Lily, every week and reaffirms that **"Grandkids are the best!"** She also likes reading, gardening, and sewing masks for Covered With Care to help keep people safe from the virus.

Lori is active in her church with serving on the Council and singing in the choir. And, she credits her church for hearing about Interfaith Caregivers.

Lori tries to volunteer once a week (though often does more). She likes being able to "pick and choose" and speaks fondly of her "regulars" like Brenda, who she met in 2018 and visits weekly. She says, **"I feel**

like I really make a difference in Brenda's life."

Even though Lori says, **"you don't need to be an RN to volunteer,"** her experience with intensive care, home health, and hospice patients truly is a blessing for clients. And she adds, **"but a GPS is helpful!"**

Lori, Thank you for sharing yourself with others and your faithful volunteer service!

Thank You Lori for:

- ★ *Being someone I can depend on,*
- ★ *Getting me out and about (when it was safe to do so),*
- ★ *Giving me confidence to do things I haven't done in awhile,*
- ★ *And, just being my friend!*

Brenda



* Don Getschel was a dedicated volunteer with Interfaith Caregivers. He loved driving seniors and the disabled. We created this award in his memory.

Thank you for giving 3,488 Rides!

Volunteer drivers drove more than 60,158 miles in Covid 2020.

Thanks, in part, to Jim and Lori - 2020 Don Getschel Volunteer Driver's Award!



Jim St. Martin moved to the country in 1978 and did "the commute" for work at Ford in repair & assembly for 24 years.

Once retired and after some research, Jim chose Interfaith Caregivers to volunteer. He says it was the flexibility that attracted him because he was "tired of schedules." He also likes being able to say "no" (though he rarely does).

He started volunteering in 2017, and his first request for help was "digging out June's flower garden." This was a perfect match since Jim loves gardening. When he's not in his garden, he's in his workshop. Right now, he's building a flower bench out of redwood.

Over the years, Jim has helped many people. He has traveled near and far for medical, groceries, bank, pharmacy and has made several deliveries. Jim often goes above and beyond. Recently, he visited June who moved to the cities to be closer to her family.

It's no surprise to hear nice things about Jim from clients. Including, what a treat it is to ride in his red Mustang!

Also, doing respite care visits holds a special place in his heart. Jim reminisces about his lunches with June's husband, Herb and how he always greeted him with a smile.

Overall, what Jim appreciates the most about volunteering is **"meeting people of all walks of life. It's fun to listen to people's stories and hear about their experiences in life."**

Jim feels Interfaith is an important program because **"We keep people in their homes where they're happier and live longer."**

Jim, Thank you for your many miles, visits, hours and for choosing us to volunteer!

Thank You Jim

"I wish to thank Jim and EVERYONE at Interfaith Caregivers. Thank you & God bless all who volunteer!"



June



JOIN OUR VOLUNTEER TEAM

To learn more:

Call 715-483-8500

Visit 2000 US Hwy. 8
(Family Pathways Bldg)

www.interfaithpolk.org



NEW VOLUNTEERS

Bill Beyer

Marsha Beyer

Sue Heiderscheidt

Glenna Tack



VOLUNTEER & ANNIVERSARY CELEBRATION

Thursday, August 12

4:00 - 7:00 PM

Watch for event details
interfaithpolk.org

“Rise & Shine” Daily Calls ~ Do you live alone?

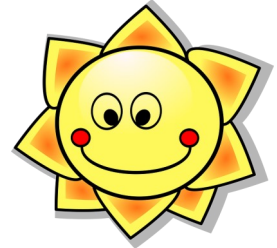
Are you concerned that you could fall or become ill and no one would know?

We have a program to help you feel safer!

It's easy! All you have to do is:

- 1. Register with Interfaith Caregivers to take part in Rise & Shine.**
- 2. Call our special number every morning before 11:00 am.**
- 3. If we don't hear from you, we will try to call you.**
- 4. If we don't reach you, we have a procedure in place to make sure that you are ok.**

Register now at 715-483-8500!



“I joined Rise & Shine as An Act of Independence.

I'm personally responsible for my own safety.

Being alone is a BIG deal! I have steps everywhere and an active dog. Anything could happen! It's a relief to call in every morning and know if something does, I'll be found. We need to learn to accept help.”

Franny

Farmers' Market Voucher

If you are 60 or over, you may qualify for **\$25 in vouchers** for use at local farmers' markets in Polk County. Call the ADRC at **877-485-2372** to ask. Vouchers will be mailed out. They can be used June 1st-October 31 at any participating farmers' markets:

- Amery
- Balsam Lake
- Frederic
- Osceola
- St Croix Falls
- Star Prairie



Polkllore

It is so ironic that I was born on a farm near Amery nearly 85 years ago and of course it is in Polk County. Also my only speeding ticket was on Hwy. 8 in Polk County. In addition, the first love of my life lived on Hwy. 8 in Polk County even tho' she wrote a “Dear John Letter” to me while a student at UW in Madison. Finally, as a Teen Ager my favorite dance hall was in Polk County where the Polka with Whoope John Dance Band was way too much fun. Such is Life. Many other stories but are not printable.

Jerry - Volunteer

I neglected to add that I was raised in Almena and Barron County was boring.



2021 giveBIG Donors
*with special thanks to our
 2 generous matching Donors*



444 Donors
461 Gifts
\$70,813.16

*“Again, we’re elated by our community’s care
 and concern for our seniors and adults with
 disabilities in Polk County. Everyone’s support
 is truly heartwarming and appreciated. Thank
 you so much for choosing Interfaith Caregivers
 with your generosity!”*

Karen Krupa
 Program Director

**Your kindness and loyalty continues to
 provide services for people in need.**



Every ride, delivery, visit, chore, and more depends on you! Help us say ‘YES’ more often to our neighbors this year.

Your gift helps seniors and adults with disabilities remain living safe, healthy & happy at home for as long as possible.

Donate at

www.interfaithpolk.org



United Way
 St. Croix Valley



*“Thank you for all you
 do to help those who
 have unmet needs in
 our community!”*

Kathy - Donor

2020 Covid January 1 – December 31	
Clients Helped	261
Rides Given	3,488
Other Services	3,832
Caring Volunteers	118
Volunteer Hours	5,076
Volunteer Miles	60,158
Generous Donors	1,027



Are you a Betty?

Enroll in our monthly giving program

When you join Interfaith Caregiver's **Betty's Circle**, you will be part of a special group of people who donate each month to help provide rides, deliveries, visits, chores, and more for seniors and disabled adults living in Polk County.

Together, we can give independence, dignity, and quality of life. **Will you join Betty's Circle?**

To become a member of **Betty's Circle** simply complete the authorization form below. Your signature authorizes automatic donations be sent to Interfaith Caregivers every month.

Be a Betty!!!

Betty's Circle Authorization Form

Yes, I'd like to join Betty's Circle. Please process \$_____ monthly from my:

☐ **Checking Account** (Please attach a voided check) ☐ **Savings Account**

Routing Number

Bank Account Number

Name of Financial Institution

Address of Financial Institution

☐ **Credit Card**

Credit Card Number

_____/_____
Expiration Date

Security Code

I (we) hereby authorize INTERFAITH CAREGIVERS OF POLK COUNTY to initiate checking/saving withdrawal entries/credit card transactions and to initiate, if necessary, credit entries and adjustments for any debit entries in error to my checking/savings/credit card account(s) listed above.

Payments will be debited/charged from your account on the 15th of each month, or the first business day following if the 15th should fall on a weekend or holiday.

I understand that this authority will remain in effect until I provide reasonable written notification to terminate the authorization. In the event that your payment is dishonored, a second attempt may be submitted within the next 30 days. I also agree to be responsible for any return charges or fees assessed.

Full Name on Account

Address

City

State Zip

Your Signature

Date

Please return form to: Interfaith Caregivers
PO Box 833
St. Croix Falls, WI 54024

Questions, please contact: 715-483-8500
info@interfaithpolk.org

GIFTS AND MEMORIALS

Interfaith extends heartfelt thanks to the following for their donations. Every effort is made to include the names of all donors during this period. If your name was omitted or wasn't printed as you wish, please accept our apologies and let us know so we can promptly correct our records.

Donations received March 16, 2021 — May 20, 2021



BETTY'S CIRCLE Monthly Givers

Ron & Cindy Anderson
Harold Brown
Jan Carlson
Willis & Mary Christenson-**Welcome!**
Betty Christopherson
Jean Eldred
Karen Freeman
Sheldon & Wanita Frohme
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I CARE LEGACY

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 Wanda Johnson
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 Luann Olson
 Mary Lou Olson
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 Ronald & Charlotte Pederson
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 Margie Peterson & Barry Tulkki
 Pam Peterson
 Pete Peterson
 Randall & Robin Peterson
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 John & Martha Plante
 Eugene Pribnow
 James Price
 William Pullin
 Marian Quinn & Diane Bystrom
 Dale & Anita Randelin
 Norma Rasmussen
 Robert & Beverly Rawlings
 John & Laura Reinhardt
 Greg & Sharon Ricci
 Jeannie Rice

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Walter & Connie Rich
 Charles & Jean Richardson
 Mark Riedasch
 Larry & Julie Riemenschneider
 Jim & Brenda Riggott
 Joyce Riley
 Marty & Wanda Rimestad
 Robert & Janice Rintoul
 Patty Robbins
 James & Laura Rochford
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 Sandra Rommel
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 James Rosendahl
 David & Ilse Ross
 Jim & Marlys Route
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 Andrea Ryan
 Mary Salewski
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 Steve Schanback &
 Cheryl Beardslee
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 Alan & Nancy Swenson
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 Darlene Tarman
 James & Lisa Thanig
 Bill Thompson
 Michael Thompson
 Dennis & Sallie Tinkham
 Jerry & Becky Tischer
 Betty Tomasek
 John & Diane Utlej
 Kathleen Vesperman



Gifts and Memorials (continued)

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Pat Waldera
Frank Walton
Mary Walton
Pat Waterman
Donald & Judith Weber
Kenneth Wedding &
Nancy Ashmore
Joy Weinhardt
Kathleen West
Bob & Leanne Whitley
Don & Audrey Wieland
Patricia Wildt
Nancy Wilson
Gregory & Linda Wind
Roger & Sharon Wolske
Joan Wulf
Sally Wulf
Tim & Patti Wyss
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Bob & Ruth Yira
Olga Young
Rick & Sue Yunker

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& AC, LLC
Earth Energy Systems Co.
Lake Country Door
Polaris Industries
River Birch Dental

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Clear Lake VFW Post #5828
Frederic Lions Club
Polaris Foundation
Town of Farmington

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Mightycause
Pay Pal Giving Fund
The Blackburn Giving Fund
Thrivent
Thrivent Charitable Impact &
Investing
Thrivent Choice Dollars

CHURCHES

Balsam Lutheran Church &
Social Ministry
Elim Lutheran Church
Faith Evangelical Lutheran Church
WELCA
Grace Community Church
Peace Lutheran Church
Redeemer Ladies Aid

St. John the Baptist Cath. Church
United Methodist Church-Osceola
Zion Lutheran Church of Bone Lake
Zion Women of the Word

GRANTS

Amery Area Community Foundation
Northwest Alliance Community
Foundation
St. Croix Valley Foundation
United Way St. Croix Valley



IN MEMORY OF

Amy Aguado
Luann Olson
Richard Anderson
Anonymous
George Bagley
Louise Bagley
Betty Jane Bailey
Franny Kerber
David Patrick Baker
David & Mary Jo Baker
Marilyn Berg
Charvey & Joan Spencer
Margie Beyl
Donna Lee
Mary Ellen Blanding
Donna Lee
Brian Bolter
Betty Grund
Donald Bongey
Larry & Bonnie Leonard
Jan Brainard
Donna Lee
John R. Braun
Beverly Braun

A Special Remembrance
for our dear friend,
former Board member
and longtime volunteer
Jean Brown



Jean Brown

Harold Brown
Jim & Melinda Brown
Dan & Mickey Gebhard
Jim & Karen Krupa
Carol Mattson
Florence McKenzie
Luann Olson
Carole Plattner
Keith & Elaine Rusch
Marlene Semling
Curtis & Cheryl Steffen
David A. Carlson
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Marvin Caspersen
Ronald & Elaine Edlund
Jack & Maureen Kerber
Leo Chartrand
Leota Schwanz
Marion Christensen
Jim & Marlys Route
Lois Christenson
Kevin & Sally Christenson
Jim Edgell
Donna Lee
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Kathie Maser
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Harold & Laura Roettger
Michelle Boumeester
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Kevin & Sally Christenson
Arthur & Alice Gustafson
Marlene Gustafson
Martha Gustafson
Donna Lee
Jim Harstad
Orval & Edna Johnson
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Carol Van Heuklom
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Sandra Hibbs
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Jim & Marian Hughes
Leslie Hessler
Merlin Johnson
Orval & Edna Johnson
Jim & Marlys Route
Peggy Johnson
Donna Lee
Irene & Mark Jorgensen
Barbara Jorgensen
Fred Jorgenson
Marian Jorgenson
Kelly Kiska
Andy & Marilyn Kiska
Richard Klatt
Anonymous

Gifts and Memorials (continued)

George Lair

Donna Lee

Eleanor Lemieux

Warren Lemieux

Judy Luehmann

Arlen Luehmann

Carolyn Lumsden

Donna Lee

Lavonne Lumsden

Robert Lumsden

Ted Mabry

Avis Mabry

Merilyn, Floyd & Tim

Dianne Garrity

Sue Miles

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Mother

Robert Thompson

Rod Mueller

Marian Jorgenson

Elsa Muller Larson

Constance Muller

David Muller

Kevin Nelson

Donna Lee

Virginia Nelson

Robert & Margie Nelson

Marlene Nielsen

Stan & Sue Heiderscheidt

Marvin & Lori Sloper

Jeffrey & Susan Turner

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Thomas & Donna Witasek

Bill Osborn and

Ralph & Florence Hughes

Edith Osborn

Parents

Jim & Lynda Burmeister

Paul

Evelyn Miller

Alvin Peterson

Zion Lutheran Church

of Bone Lake

Oscar A. & Myrtle Peterson

Ruth Ann Thiel

Phil & Marlys and

Chuck & Betty

Anonymous

William "Bill" Quenan

James Quenan &

Danielle Busse-Quenan

Nora Schaefer

Donna Lee

Darla Schlueter

St. Croix Valley Senior Center

Clarence & Dola Simonson

Mary Simonson Clark

Cheryl Slattengren

Bren Nel Ward

Kirby Smith

John & Gail Chartrand

Mary Chartrand

Bev Edgell

Dwight Ferguson &

Donna Dombrock

Jim & Karen Krupa

Audrey Laue

Charles & Pat Petersen

Jane Smith

Son Scott and Parents

Lewis & Yvonne Ingram

Raymond Stachowski

Mary Stachowski

Pat Standing

James Standing

Norman Syrjala

Faye Syrjala

Maxine Thunborg

Margaret Nelson

Darlene Tiffany

Sally Ayers

Beulah Ecklund

Mary Ann Prokop

Tootie

Anonymous

Doug Virkus

Marian Jorgenson

Wanda

Russell Boucher

Ione White

Bob & Linda Appelholm

Highview Townhomes Assoc.

Charles & Gloria Hutton

IN HONOR OF

Thelma Betzold

Sheldon & Vicki Betzold

Harold & Jean Brown

Carole Plattner

Mom, Ragna Hanson

Peter & Diane Fall

Trent, Troy, Travis Klein

Bren Nel Ward

Bill Lindahl & Roger Nagel

Roger & Donnis Nagel

Nephew battling cancer

Sharon Lind

The CARING efforts of ALL vaccine-giving Personnel

Joyce McKenzie

All Veterans

Ralph La Duke Sr.

Guy Williams

David & Joan Michaelson



Do you have Marketplace health insurance? *

You could resubmit and save \$\$\$\$

Open Enrollment through August 15th, 2021

American Rescue Plan offers **NEW** Covid relief for health insurance. No matter what you earn, you can get financial help. People who are already enrolled in a Marketplace health plan can take advantage of lower premiums and deductibles. Marketplace allows you to compare plans based on price, benefits, and other features. Every health plan in the Marketplace provides essential health benefits to include doctor visits, preventive care, hospitalization, prescriptions, and more.

Ways to Apply:

- ♦ For enrollment assistance with a certified application counselor, **contact Polk County at 715-485-8400**
- ♦ Online: [Healthcare.gov](https://www.healthcare.gov)
- ♦ Call Center: 1-800-318-2596



* Medicare/Medicaid recipients not eligible



Interfaith Caregivers of Polk County
PO Box 833
St. Croix Falls, WI 54024

NONPROFIT
U.S. Postage
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Permit No. 426
Balsam Lake, WI

Assisting seniors & disabled adults in Polk County, WI

715-483-8500

info@interfaithpolk.org
www.interfaithpolk.org

Address Service Requested



From The Kitchen of

Norma - Volunteer

SOUR CREAM RHURBARB BREAD

Ingredients:

- | c. rhubarb, cut small
- | c. sugar
- | c. sour cream
- | egg
- | c. plus 2 T. flour
- | tsp. baking soda
- | tsp. cinnamon
- | 1/2 tsp. salt



Bake: 350°
Time: 40-45 mins.



Directions:

Mix together rhubarb, sugar, sour cream, and egg. Add the flour, baking soda, cinnamon and salt. Place in a greased and floured 9x5 inch glass/ceramic loaf pan.

Can use as muffins. Bake 24-28 mins.

ST. CROIX VALLEY
giveBIG
APRIL 27
www.givebigscv.org

**Interfaith Caregivers is
excited to announce that
giveBIG donors
met our \$20,000 match!**

Details on Page 4

YOU
ROCK!