

IF YOU DON'T DRIVE ANYMORE  
IF YOU CAN'T DO WHAT YOU USED TO DO  
IF YOU FEEL LONELY AND ALONE....

## INTERFAITH CAN HELP

*Our volunteers provide:*

### TRANSPORTATION / RIDES

- To the grocery store, or food shelf
- Medical appointments
- Cancer or Dialysis treatments
- Medical specialists outside of Polk County
- The bank
- The library



### RISE & SHINE



Rise & Shine is a daily check-in call service for seniors and adults with disabilities.

The program is designed for individuals who live alone or families that worry that something could happen to a loved one and no one would know. Not only does Rise & Shine provide a safety net for unplanned circumstances like a fall or illness, it also provides peace of mind.



**INTERFAITH  
CAREGIVERS**  
*of Polk County*

*Neighbors Helping Neighbors*

### OTHER CLIENT SERVICES

- A friendly visit or phone call just to talk, play cards, or games
- Visit a loved one in the nursing home
- Give a break to someone who takes care of a loved one 24/7
- Minor fix-its around the house
- Making a meal
- Helping with Spring & Fall yardwork
- Reading to you
- Delivering food shelf boxes or library books
- Dropping off groceries or prescription medicine
- Light housework



### WAYS TO GET INVOLVED

#### VOLUNTEER

*Volunteering is easy and rewarding!*

Opportunities are flexible.

You choose the dates/times you can help. You can even sign up for requests online if you prefer!



#### SIMPLY

- Fill out an application
- Agree to a background check
- Attend a short orientation

#### VOLUNTEERS DON'T HAVE TO:

- Help clients into or out of a vehicle
- Give medications
- Provide personal or hands on care
- Transport wheelchairs

*Help keep the rural tradition of neighbors helping neighbors in the community.*

**Contact us today to get involved!**

## WAYS TO GET INVOLVED

### DONATE

*Help support our program by becoming a donor*

- Give locally
- Give monthly
- Give a gift in honor or in memory of a loved one
- Plan ahead - name Interfaith Caregivers in your will or trust

#### Gifts can be mailed to:

Interfaith Caregivers of Polk County  
PO Box 833  
St. Croix Falls, WI 54024

or Donate online at  
[www.interfaithpolk.org](http://www.interfaithpolk.org)



We are a local, 501(c)(3), non-profit organization recognized by the IRS since 1995. All gifts to Interfaith Caregivers of Polk County are tax-deductible.

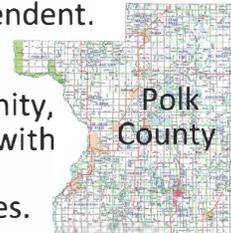


Interfaith  
Caregivers  
of Polk County

### WHO WE ARE

Since 1995, Interfaith Caregivers of Polk County has been coordinating volunteers who help seniors and adults with disabilities remain independent.

Our services are done by volunteers in the community, who lend a helping hand with things like rides, visits, errands, and other services.



We do not charge for services, and there are no income guidelines. We are not associated with one church or religion. Interfaith continues the rural tradition of neighbors helping neighbors.

### CONTACT US 715-483-8500

Interfaith Caregivers  
2000 US Hwy 8 Suite 1  
PO Box 833  
St. Croix Falls, WI 54024



[info@interfaithpolk.org](mailto:info@interfaithpolk.org)

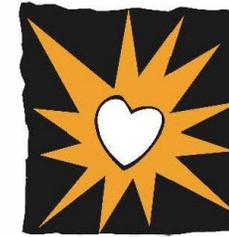


[www.interfaithpolk.org](http://www.interfaithpolk.org)



[Facebook.com/interfaithcares](https://www.facebook.com/interfaithcares)

REV. DEC 2023



Interfaith  
Caregivers  
of Polk County

Coordinating volunteers to help seniors and adults with disabilities maintain their independence

### SERVICES GUIDE

*Matching caring volunteers with clients who need help with transportation and other services*



## 715-483-8500

NO COST SERVICES FOR SENIORS 60 YEARS OR OLDER AND ADULTS WITH DISABILITIES. THERE ARE NO INCOME GUIDELINES