

## Volunteers are asked to:

- Fill out an application, agree to a background check and attend orientation
- Report your volunteer time and miles every month
- Keep client information confidential
- Let Interfaith know when you won't be available
- Call client to verify time and date

## Volunteers don't have to:

- Help clients into a vehicle
- Give medications
- Provide personal care or hands on help
- Lift people or heavy things
- Give baths or showers



**We are  
Neighbors helping neighbors!**

**715-483-8500**

**PO Box 833  
2000 US HWY 8 Suite 1  
St Croix Falls WI 54024**

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[www.interfaithpolk.org](http://www.interfaithpolk.org)



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# Interfaith Caregivers of Polk County



## Be a volunteer!

Volunteers helping  
seniors and adults with  
disabilities continue  
living independently

**715-483-8500**



In partnership with





## Transportation

Rides keep seniors and disabled adults independent:

- The grocery store
  - An appointment
  - The bank
  - The library
  - The hairdresser
  - Cancer treatments
  - Dialysis
  - Medical specialists outside of Polk County
- ⇒ The client may ask you to stay with them



## Assistance

Help at home can keep someone safe and well:

- Light housekeeping
- Minor fix-its around the house
- Making a meal
- Raking a yard
- Reading to someone
- Delivering food shelf boxes or library books

**Polk County seniors and disabled need you!**

**Call: 715-483-8500**



## Companionship

Providing companionship can combat social isolation

- Visit someone in their home
- Call someone to talk or just check in
- Play cards or games
- Take someone to see their loved one at the nursing home
- Give a break to someone who takes care of a loved one 24/7