

Fall 2022

of Polk County

Coordinating volunteers to help seniors and adults with disabilities maintain their independence

I Care News

Interfaith Caregivers

Rolling through Roles

If you rode the school bus growing up, do you still remember your bus driver?

Even if it was just a smile and "hello" as you were getting on the bus, it's amazing how small interactions like that can leave us with big impacts. Somebody who knows this well is Earl Paulson.

Earl spent 21 years as a school bus driver for Osceola! During that time, he helped so many families and really became part of the community - think of how many miles he logged and the number of kids he drove through the years!

After giving so many years to help others, Earl's role has changed. And now it's our turn as a community, to help Earl - that's exactly what the staff, volunteers, and

donors at Interfaith Caregivers are doing by helping Earl get a ride!

Our volunteers have given Earl a variety of rides including rides to the grocery store and barber, doctor, and voting polls!

After serving so long in the role of "driver", Earl had a hard time asking for help. He said, "I had anxiety because I didn't know what to expect."

(continued on page 2)



Our Team:

Program Director Luann Olson

Program Assistants

Raye Darst Emily Dressel - WELCOME Mickey Gebhard Diane Tryon



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Interfaith **Caregivers**

PO Box 833 St. Croix Falls, WI 54024

715-483-8500

Open M-F 9-4 pm

Rolling through Roles (cont.)

But he continued to say, "But I was in the car [just] five minutes and knew this was a good thing. It felt like I was talking to a friend."

Earl has a hard time putting into words just how much the staff and volunteers at Interfaith mean to him. Every person he has talked with has been, "More than helpful, courteous, funny, easy to talk to, felt like family."

Without Interfaith, Earl says he would have no independence at all. He told us, "I know that you help. But I don't know if <u>you</u> know just how much you help."

Now that Earl has used our services multiple times, he'd like

to tell anyone who may be feeling the anxiety that he felt about reaching out, to,"Do it. You won't regret it."

Reflecting back on his days in the driver's seat, Earl said that he did it because he simply... wanted to help. He'd like to encourage supporters considering donating or volunteering to do so because "It's just as rewarding for you helping, as it is for me receiving help."

We wouldn't be able to help Earl without a community full of supporters like you - and, in this season of gratitude, for that, we are thankful!



To continue helping people like Earl, you can mail us your donation or give online at: https://www.interfaithpolk.org/donate





"Keep Smiling" -Earl, "Uncle Sonny"



The Results Are In...

Thank you to all who completed our client survey! You have brought a smile to our faces and filled our hearts with joy with all of the positive, heartwarming feedback you gave us! Our staff and volunteers love working with you – check out page 4 to see what they said!

We're going through the responses and reaching out one on one to clients that had questions or concerns. If you haven't heard from us yet, you will soon!

Thanks for your patience!

Services We Offer:

Some feedback we received was wondering what services we offer! Check out this list of what we provide!

·Local rides

- ·Cancer & Dialysis rides
- ·Errands and Shopping
 - ·Visits at home
 - ·Help at home
 - ·Minor fix-its
 - ·Library books to go
- ·Rides to polls for voting
 - ·Friendly phone calls
- ·Rise & Shine Daily Check-In
- ·Food Shelf / Grocery delivery
- ·Light housekeeping (depending
 - on availability)
 - ·Spring & Fall yard work
 ·Meal Prep





Thank you Members from
Bethesda Lutheran Church and
Polk-Burnett's Electric Cooperative
for helping with fall clean ups!



GET THE SCOOP ON VOLUNTEERING:

Myths:

- I have to be available every week
- I have to log a set number of hours
- I will be doing hands-on care
- Getting signed up is complicated
- The only way to volunteer is driving clients



Truths:

- You get to decide how often **you volunteer!**
- Volunteering is flexible pick on as many days as you want!
 - There are <u>no</u> hands-on **o** services we provide!
 - We have a simple process to sign you up as a volunteer
 - We provide many services besides driving (check out page 2 of the newsletter!)







VOLUNTEER SURVEY HIGHLIGHTS:

- <u>ALL</u> of our volunteers agreed that the work they do is <u>meaningful</u>!
- Many <u>recommend</u> volunteering here!
- Our volunteers are motivated to serve others and know the importance of this impact in the community!
- Additionally, they know that their
 family would benefit from
 Interfaith's services and that the
 volunteer themselves may need our
 services one day!

We will continue to go through the results & take all recommendations into consideration!

Lu Evenson Margie Hunt Jody McDonald Mary Peterson Jody Pratt



What's Happening in the Office?



Emily joined our team in October of 2022. Her work experiences revolve around a central theme – service. Emily brings a natural talent for communication and caring. A born leader, she has spoken and served as a trainer and speaker on both a regional and national level. She enjoys true connections and relationships and is described as a cheerleader, positive light, and inspiration. Join us in welcoming her!



Emily Dressel Program Development

See back cover for holiday hours!



OPPORTUNITIES TO MAKE AN IMPACT



Are you...

·An individual or group looking for **volunteer hours**?

·Wanting some **social interaction**?

·Looking to build your resume?

•Interested in working with seniors & adults with disabilities?

·Wanting to try something new?

·Someone who loves driving?

•Searching for a way to **spread love** & kindness?

•Looking to make a difference in your community?



in

Interfaith Caregivers is seeking an independent contractor with a desire to help seniors & adults with disabilities with light housekeeping.

Services Include:

Vacuuming
Mopping Floors
Dusting
Washing Dishes
Cleaning Bathrooms

Be your own boss & set your own schedule!



If interested call: (715)-483-8500

* Insurance is required

Give us a call! 715-483-8500

We work with a variety of volunteers ranging from high schoolers to seniors!

We could <u>really</u> use YOUR help!

Helpful How To's!



3 WAYS TO SIGN UP FOR VOLUNTEER OPPORTUNITIES:

- Give us a call!
- We will call you to let you know about availabilities
- Self-assign yourself on AssistedRides.com







Open the camera on your phone and scan this QR code to watch a tutorial video on how to self-assign yourself! The video also shows you how to log your volunteer hours and mileage!



Mail Cash and Checks to:

Interfaith Caregivers
PO Box 833
St. Croix Falls, WI 54024

Give online at:

https://www.interfaithpolk.org/donate

Open the camera on your phone and scan this QR code to be taken straight to our online donation page: 里歌语



"I have enjoyed all the Interfaith drivers.

I don't know what I'd do without them.

God Bless Interfaith."

-Client



Follow us on Facebook @Interfaithcares Look for fun changes coming soon!!

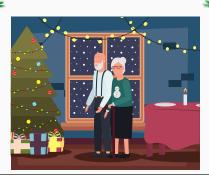
What do you get the person who has everything?

Consider gifting a donation to Interfaith Caregivers in that person's honor!

What a precious gift to help seniors & adults with disabilities



home for the holidays.



Interfaith extends our heartfelt thanks and gratitude to the following for their donations. We do our best to include the names of all donors during this period. If your name was omitted or wasn't printed as you wish, please accept our sincere apologies and let us know so that we can correct our records as soon as possible!

Donations received June 2, 2022 - October 14, 2022

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Bud Lee

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St Croix Valley Senior Center

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Rhonda Davis

Grandchildren-Great Great

Mrs. Lyle Peterson

Karen Krupa's Retirement

Chuck & MaryJo Arndt

Roger & Celine Mussell

Peter & Sharon Schiebel

Connie Muller

David Muller

Our office is where the magic happens with your dollars at work! With just 3 full-time and 2 part-time staff, we:

- Fill out and process client & volunteer applications
- Answered over 900 phone calls and made over 2000 in September!
- Schedule client needs
- Coordinate Volunteers
- Write handwritten messages and letters
- Focus on helping more of the community through outreach with our website, social media, face-to-face events, & mailers
- And more!

Thank you for keeping this service in the community!



Without your support and generosity, we would not be able to keep our program up and running!





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U.S. Postage
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Balsam Lake, WI

Assisting seniors & disabled adults in Polk County, WI

715-483-8500

info@interfaithpolk.org www.interfaithpolk.org

Interfaith Caregivers is a Community Impact Partner of



United Way St. Croix Valley



Please call <u>at least 2</u> business days in advance for a ride or service!

This ensures we have enough time to:

- review your request
- match you with a volunteer
- assess our volunteer's availability
- call you back to confirm.





Thurs Nov 24th
Fri Nov 25th
Fri Dec 23rd
Mon Dec 26th
Mon Jan 2nd

We receive many requests a day and do our best to coordinate volunteers as quickly as possible. We try to call you 2 business days in advance to confirm you have a ride. Your volunteer will also be calling you to coordinate.

Thank you for your help in this matter! We appreciate it!



Your gifts of time and money help seniors and adults with disabilities remain in their homes this holiday season - and that...is priceless.